

U3A Geology Walking Holidays 2009

Booking & Medical Form

Holiday(s) Booked:

Personal Details

Name:

U3A Group:

Address:

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Phone: Mobile:

Email:

Emergency Contact during trip (name & phone):

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Medical information (we don't need full medical details but list everything that may be relevant, including details of medication. Inform Angus Miller at start of trip of any significant changes):

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Dietary Information (give details of dietary restrictions and preferences):

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U3A Physical Activity Groups

Anyone wishing to participate in these groups does so at his/her own risk. Although U3A activities are covered for Third Party Public Liability Insurance, there is NO personal accident insurance cover provided and you must therefore take full responsibility for your decision to participate and be confident that you are fit enough to do so. If you are in any doubt you should seek medical advice and/or consult the relevant group leader.

I have read the notice regarding participation in U3A Physical Activities and understand that I am solely and fully responsible for my decision to take part in these groups.

Signed: Dated:

Return this form to **Angus Miller, Geowalks, 23 Summerfield Place, EDINBURGH EH6 8AZ** with a deposit of £50 (cheques payable to 'Geowalks').

If you have any questions you can contact Angus on 0131 555 5488 or email angus@geowalks.co.uk.